# Investigation of influence of daily food intake on the health and growth of children

H. Wakamatsu\* and S. Kagei\*\*

\*Tokyo Medical and Dental University, Tokyo Japan

\*\*Yokohama National University, Yokohama Japan

## Study by Working Group of Child and Health of Japan Society of Health Sciences

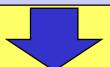
about 10,000 6-15 years old Children (Elementary & Middle High Schools).

Chiba, Fukui, Hokkaido, Iwate, Kagoshima, Kanagawa, Kouchi, Shiga, Shizuoka, Wakayama and Yamaguchi

#### Data Processing of Questionnaires

Image Processing of Questionnaire sheets





Statistical Analysis

#### Quantification Method

Quantification of Quality

Non-numerical Expression



Numerical Expression

**Human Inference Process** 



Application to Statistical Analysis

#### Conventional Quantification Theory

Increase in Numbers of Categories
Large Memory for Calculation



Introduction of Fuzzy Theory



Natural Data Handling and Analysis by Introduction of Fuzzy Categories

#### New Method to be Requested

Difficulty in Dealing with Phenomena by Rigid Mathematical Model



Mathematical Dealing with Phenomena by Verbal Description

# Effectiveness of Fuzzy Theory on the Statistical Analysis

 Fuzzy Analysis of Questionnaires in the Practical Investigation

Comparison with the Conventional Method

#### Fuzzy Quantification Type I

Quantitative Object Variable
(External Standard)
related to
Qualitative & Characteristic Description
(Descriptive Variable)

Regression Analysis

#### Fuzzy Quantification Type II

Effect of Qualitative Variables on Concerned External Standard



Assignment of Optimal Values to
Qualitative Variables Relating
to the Concerned Qualitative Variables

#### Fuzzy Quantification Type III

Pattern Classification of Elements

Appearance of Correlation Matrix
Elements around Diagonal parts of the Matrix

#### Purpose of Investigation

- (I) Awareness of effect of sweet foods
  - 1)Knowledge about sweet
  - 2) Favorite of sweet
  - 3 How to take sweet?
  - 4) When to take sweet?
  - (5) Habitual and Recent Intake of sweet
  - 6 Intake of sweetener
  - **7** Sweet snacks

#### (I) Daily diet rule and attention to Health

- 1 Meal as a regular habit
- 2Snacks
- 3 Late-night Snack
- 4 Main Meal (Breakfast, Lunch and Supper)
- (5) Staple food and subsidiary food
- 6 Vegetable
- 7 Processed food
- 8 Synthetic flavoring matter, sweetener
- Fast food

#### (III) Character and Physical Constitution

- 1) Physical and psychological change
  - 2 Change in Behavior

#### (IV) Everyday Life

- 1 School Life
- 2 Intercourse with schoolmates
- 3 In a private school
- 4 Study at home
- **5** Free time

#### (V) Injuries and Diseases

- 1 Physical robustness
- 2 Number of dental caries
- 3 Fracture of a bone

#### (VI) Family and Patrons

- 1 Members of family
- (2) Most effective member to the child
- 3 Life with parents
- 4 A door-key child?
- (5) Contact with family member
- 6 Consideration and control of Meal
- 7 Parents' attitude regarding child
- 8 Familial diseases

From 1st	Cumulative contribution Rate					
Eigenvalue to	Fuzzy Partially fuzzy Non-fuz					
2nd Eigenvalue	0.24	0.25	0.22			
3rd Eigenvalue	0.45	0.45	0.40			
4th Eigenvalue	0.60	0.60	0.55			

Type III Fuzzy Group: Awareness of Sweet

#### Fuzzy Quantification Theory

 Quantification by Assignment of Fuzzy Set to Categories

 Unification and Quantification of Plural Items by Using Fuzzy Set

#### Example-1 Analysis by Fuzzy Quantification Theory Type I

Relation among "Sugar Intake", "Vegetable Intake", "Processed Food", "Regularity of Meal" and "Character and Physical Constitution"

(1) Amount of Sugar intake

Little motivated • gentle

Much • soon tired • selfish •easily nosebleed •easily catch a cold nervous

(2) Amount of vegetable intake

easily have a quarreldizziness Little willfulnesssoon tired

Much active • always make efforts very patient

(3) Processed food

easily catch a coldalways worry oneself high rate intake • wearisome laxative

(4) Regularity of Meal

irregular intake • selfish laxative

no willing •easily tired

#### Example -2 Analysis by Fuzzy Quantification Type II

Relation between "Intake Sugar and Intake Vegetable" and "Character and Physical constitution"

- (1) (Little Sugar, Much Vegetable): tendency of relatively desirable effect
- ②(Much Sugar, Much Vegetable), (Little Sugar, Little Vegetable): not peculiar effect
- (Much Sugar, Little Vegetable): tendency to undesirable effect
  - •selfish

• gentle

soon tired

- very patient
- •easily have a cold
- honesty
- •fatigue of the eyes
- sticky about someone

Number ω	External standard	Fu A.	Fuzzy Group				
1	У <sub>1</sub>	$\mu_1(1)$		•	•••	$\mu_{i}(1)$	
2	У <sub>2</sub>	$\mu_1(2)$	•••	$\mu_{i}(2)$	•••	$\mu_{i}(2)$	μ <sub>B</sub> (2)
-	-	•		•		•	•
•	•	• ((1))		• (41)		• (4)	•
$\omega$	<b>y</b> ω •	$\mu_1(\omega)$	• • •	$\mu_{i}(\omega)$	• • •	$\mu_{i}(\omega)$	μ <sub>B</sub> (ω)
-	•	-		•		•	•
n	• У <sub>п</sub>	$\mu_1(n)$	•••	μ <sub>i</sub> (n)	•••	μ <sub>i</sub> (n)	μ <sub>Β</sub> (n)

Data Handled by Fuzzy Quantification Type I

	Object Variable	Fuzzy Ex	terna	l Standard	Fı	uzzy Cate	egory
ω	y arrable y	B <sub>1</sub>	•	$B_{\mathrm{M}}$	$A_1$	A <sub>i</sub>	A <sub>K</sub>
1	<b>У</b> 1	и в. (1)		μ <sub>B<sub>M</sub></sub> (1)	$\mu_{*}(1)$	$\dots u_{\cdot}(1)$	$\dots u_{\cdot}(1)$
2	<b>y</b> <sub>2</sub>			$\mu_{B_{M}}(2)$		•	-
•	•	•		•			
•	•	•		•	-	•	•
-	•	•		-	•	•	•
$ \omega $	$\mathbf{y}_{\pmb{\omega}}$	$\mu_{B_1}(\omega)$	• • •	$\mu_{B_{M}}(\omega)$	$\mu_1(\omega)$	$\ldots \mu_{i}(\omega)$	$\ldots \mu_{i}(\omega)$
•	•	•		•	•	•	•
•	•	•		•	•	•	•
•	•	•		•	•	•	•
n	$\mathbf{y}_{n}$	$\mu_{B_1}(n)$	•••	$\mu_{B_{M}}(n)$	$\mu_1(n)$	$\mu_{i}(n)$	$\mu_{i}(n)$

Data Handled by Fuzzy Quantification Type II

		Fuzzy Group B	Fu:	zzy •	Categor i .	<b>y</b>	K	sum
<b>V</b> <sub>1</sub>	1	μ <sub>B</sub> (1)	$\mu_1(1)$	• • •	$\mu_{i}(1)$	• • •	$\mu_{\kappa}(1)$	$m_1$
$V_2$	2	μB(2)	$\mu_{1}(2)$	• • •	$\mu_{i}(2)$	• • •	$\mu_{\rm K}^{\rm n}(2)$	$m_2$
•	•	-			•		•	•
•	•	-	•		•		•	•
•	•	-	•		•		•	•
$v_{\omega}$	ω	$\mu$ B( $\omega$ )	$\mu_1(\omega)$	• • •	$\mu_{i}(\omega)$	•••	$\mu_{\kappa}(\omega)$	$m_{\omega}$
•	•	-			•		•	•
•	•	•	•		•		•	•
•	•	-	•		•		•	•
$\mathbf{v}_{n}$	n	μB(n)	$\mu_1(n)$	•••	$\mu_i(n)$	• • •	$\mu_{\mathrm{K}}(n)$	$m_n$

$$m_{\omega} = \sum \mu_{i}(\omega)$$
;  $\omega = 1$ , ..., n

Data Handled by Fuzzy Quantification Type III

Kind of Data	Number	Content of Data
Fuzzy Group	$\mathbf{B_1}$	Favorite of sweet or not?
ruzzy Group	$\mathbf{B}_{2}$	Self-estimated Amount of sugar intake by child
Category Number	$\underline{\underline{C_1}}$	Believing sweet good for health
(Fuzzy Descriptive		Not believing sweet good for health
Variable)	$C_4$	Intake of late-night snack
, 3223327	$\frac{C_4}{\overline{C}_4}$	Not take late-night snack
	C <sub>12</sub>	Unbalanced diet
	$\overline{C}_{12}$	Balanced diet
	$\underline{C}_{13}$	Demand for more snacks
	$\overline{C}_{13}$	Not particular demand for snacks
	C <sub>17</sub>	Undesirable tendency of physical state
	$\overline{\mathbf{C}}_{17}$	Desirable tendency of physical state
	C <sub>18</sub>	Desirable tendency of psychological state
	$C_{19}$	Undesirable tendency of psychological state
		Parents' attitude of controlling meal and its time
	$\overline{C}_{25}$	Parents' attitude of disregarding control of meal

Analysis by Quantification Types III

#### Application of Fuzzy Theory

[1]Applied FieldPrediction SystemMeasurement and Control systemDecision Making System

[2] Non-applied FieldMedical systemStatistical Analysis

	Correlation Coefficient
Fuzzy Quantification	0.76
<b>Conventional Quantification</b>	0.72

Quantification Type I

#### Fuzzy Quantification Type IV

Numbering of the Order of Individuals



Similarity of Individuals

Elements of Eigenvector Corresponding to Maximum Eigenvalue

					Elem	nent	
			1	• • •	i	•••	n
		Fuzzy Group  B	$\mu_{B}$ (1	l)	μ <sub>B</sub> (	1)	. μ <sub>B</sub> (1)
	1	μ <sub>B</sub> (1)	e <sub>11</sub>	• • •	e <sub>1i</sub>	• • •	e <sub>1n</sub>
	•	•	•		•		•
	-	-	•		•		-
Ele	-	-	•		•		-
Element	i	$\mu$ B(i)	e <sub>i1</sub>	• • •	e i i	•••	e <sub>in</sub>
nt		•	•		•		•
	•	-	•		•		•
	•	•	•		•		•
	n	$\mu$ B(n)	e <sub>n1</sub>	• • •	e <sub>ni</sub>	•••	e <sub>nn</sub>

Data Handlad by Fuzzy Ouantification Type 17

### Investigation by Working Group of Child and Health of Japan Society of Health Sciences

- 6-15 years old Children (Elementary & Middle High Schools) Chiba, Fukui, Hokkaido, Iwate, Kanagawa, Kagoshima, Kouchi, Shizuoka, Shiga, Wakayama and Yamaguchi
- 1. Data Extraction by image processing of Questionnaires
- 2. Construction of Database from Extracted Data
- 3. Trends concerning investigated items
- 4. Fuzzy Quantification of qualitative data
- 5. Mutual relation of an investigated item.

